

#### **Holiday Food Drive**

The 5th graders would like to have a Holiday Food Drive to help area families. We want to have a friendly contest for all K-5 classes. Each grade level will have their own table to contribute to. Our food drive will last from now until Wednesday, Dec 18, 2024.

Each item is worth one point. At the end of our food drive, the table (grade) with the most goods on it will be our winner. Winner receives a movie and pizza party with the 5th graders when we get back from winter break in January.

<u>Please</u>, <u>when donating items</u>, <u>make sure they are not outdated!</u> We look forward to helping the people in our community and having a fun contest while doing it. Thank you to everyone in advance for the generous donations and support!

#### Winter Holiday Concert - Thursday, December 19th

The Stanton Music Department is gearing up for our Winter Holiday Concert on Thursday, December 19th at 7pm. The concert will feature all the bands - 5th Grade, 6th Grade, and the JH and HS combined bands along with community band members. The JH Choir will be performing along with the HS Choir. A select varsity choir has just been chosen and they will perform a special selection as well. Please invite friends and family to come to the performancee. The concert will be a free-will donation.

#### Santa Lucia

The Stanton Elementary will be singing and dancing in the upcoming Santa Lucia on Saturday, December 14th at 7pm. 1st - 6th Grade will be singing several selections in Swedish and English. The 5th & 6th Graders will be Swedish dancing along with some of the 4th Graders. You don't want to miss this special evening filled with nostalgic Swedish music and tradition. The evening concludes with the crowning of the Lucia queen voted on by the community. This event is free!

#### Kindergarten Christmas Program

The kindergarten classes will have a Christmas program at 12:15 pm on Friday, December 20, in the music room (aka band room). Light refreshments will be served afterwards. Parents and grandparents are invited to attend.

### From Nurse Stacy's Desk

Here are some tips for staying healthy in the winter:

Dress warmly: Wear multiple layers of loose-fitting clothing to trap warm air and protect your skin from the cold. Wear a hat that covers your ears and mittens to keep your hands warm.

Stay hydrated: Drink plenty of water, especially if you're going to be outside for a long time.

Exercise: Try to stay active, even if you're spending more time indoors. You can go for a walk, try snowshoeing or cross-country skiing, or take the stairs instead of the elevator.

Eat well: Eat a healthy, balanced diet with lots of fruits and vegetables. You can also eat foods rich in vitamin D, like salmon, egg yolks, and fortified cereals.

Get enough sleep: Sleep helps your immune system and can help you burn calories.

Wash your hands: Wash your hands regularly with soap and water, including between your fingers and around your fingernails.

Stay away from frostbite: Be aware of the signs of frostbite and limit your time outside in cold, wet, or windy weather.

Stay safe around heat: Be careful when using hot water bottles, electric blankets, fires, and heaters.

Stay up to date on vaccinations: Getting vaccinated can help you stay healthy.

Reduce stress: Try to keep your stress levels low.

# Hoops

### **High School Girls Basketball**

Stanton Varsity basketball traveled to Bedford Tuesday night and came home with a 62-49 win! Leading scorer was Lauren Johnson with 16 points, 6 rebounds and 5 steals. Riley Burke put up 13 points and had 4 assists. Hannah Olson had 11 points, 8 rebounds, 5 steals, and 2 blocks. Another senior with double digit points was Kyla Hart with 10 points, 9 rebounds, and 3 steals. Kiela Franzen had 7 points and 3 rebounds and Piper French had 5 points, 3 steals, and 3 rebounds. The ViQueens fought hard for this victory against this tough defensive team. The Queens play a home game Friday night against Essex! Come cheer on the ViQueens and Vikings!

### Jr. High Girls Basketball

This year, the Viqueens have a team of thirteen players and one manager. The 7th and 8th grade girls have worked very hard in the gym. We started the season with a game in Bedford. The Bulldogs came away with the win, 42-34. We then were able to play two extra quarters with them. On Monday, we had our first home game with Lenox. It was a very physical game! The Tigers won with the final score, 31-30. The team will have their next game after the holiday break. We look forward to getting more practice and time in the weight room. Thank you for the great support!

### Clothing needed for recess...

- O 51-60 degrees long sleeves are needed
- O 41-50 degrees jacket or sweatshirt is needed
- O 33-40 degrees coats are needed
- 32 degrees and below -
  - Students must have: Coat, Hat, Gloves

(The elementary office has extra hats and gloves if a student needs them.) To play in the snowy area, students must have: Coat,

To play in the snowy area, students must have: Co Hat, Gloves, Snow Pants, Snow Boots

#### Recess Temperature Guidance

- Kindergarten, 1st Grade, & 2nd Grade will stay in from recess if the real or feellike temperature is 15 degrees or below.
- 3rd Grade, 4th Grade, & 5th Grade will stay in from recess if the real or feel-like temperature is 10 degrees or below.
- O If the real or feel-like temperature is 100 degrees or above, we will stay inside for recess.



## **Upcoming Events**

Mon, Dec 9 FFA Game Night

6:00 V G & B BB w SWV

Tues, Dec 10 4:00 JH B BB w Sidney

6:00 V G & B BB w Sidney 1:05/1:15 Early Dismissal

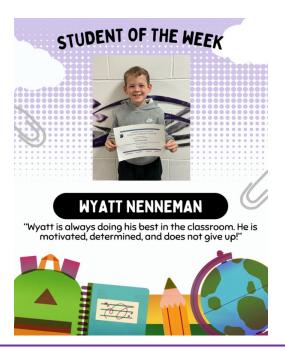
Wed., Dec 11 1:05/1:15 Early Dismissal

**Student Council Blood Drive** 

Thurs., Dec 12 4:00 JH B BB at F-M

Fri., Dec 13 4:00 JH B BB at East Mills 6:00 V G & B BB at East Mills

Sat., Dec 14 7:00 Santa Lucia





## What's Cookin?

<u>Monday, Dec 9:</u> Breakfast: Cereal, Fruit, Juice, Milk. Lunch: Fiestada, Lettuce, Corn, Pears, Applesauce, Milk.

<u>Tuesday, Dec 10:</u> Breakfast: Waffle, Fruit, Juice, Milk. Lunch: Ham & Potato Casserole, Green Beans, Peas, Mixed Fruit, Peaches, Roll, Milk.

Wednesday, Dec 11: Breakfast: Omelet/Toast, Fruit, Juice, Milk. Lunch: Stadium Dog, Chili/Cheese, Potato Wedges, Baked Beans, Strawberries & Bananas, Pears, Milk

<u>Thursday, Dec 12:</u> Breakfast: Mini Donuts, Fruit, Juice, Milk. Lunch: Siracha Chicken, Fried Rice, Cooked Carrots, California Vegaies, Peaches/Mixed Fruit, Goldfish, Milk

<u>Friday, Dec 13:</u> Breakfast: Cinni Mini, Fruit, Juice, Milk. Lunch: Walking Taco, Lettuce/Cheese, Refried Beans, Corn, Pineapple, Oranges, Milk.

### **December Community Events**

Wednesday, December 11th Judging for Stanton Ch

Tuesday, December 10<sup>th</sup> 9:3

Saturday, December 10<sup>th</sup>

Sunday, December 15<sup>th</sup> Friday, December 20<sup>th</sup> Saturday, December 21<sup>st</sup> Sunday, December 22<sup>nd</sup> Tuesday, December 24<sup>th</sup> Wednesday, December 25<sup>th</sup>

Judging for Stanton Chamber Christmas Light Contest

9:30 am Tiny Tot Story Hour at Stanton Library 7:00 pm Santa Lucia at high school gym

Christmas Drive Thru at the OLY after Santa Lucia 5-7 pm Christmas Drive Thru at the OLY 5-7 pm Christmas Drive Thru at the OLY

5-7 pm Stanton's Legion Santa at the OLY 5-7 pm Christmas Drive Thru at the OLY 9:30 pm Christmas Eve Service at Mamrelund

7am Julotta Service at Covenant

### **Around Town**

## Bake Sale Items Needed for Santa Lucia

Please consider donating some baked goods for our Santa Lucia Bake Sale. It takes place before and after the Santa Lucia program. Santa Lucia is December 14th at 7 PM in the Stanton High School Gym. Please have all bake sale donations to the gym by 6 PM if possible.

### Stanton's Legion Santa Claus

Stanton children up to and including second grade are invited to walk through and see Santa Claus at the Stanton Old Lumber Yard Event Center in Stanton on Saturday, December 21<sup>st</sup> from 5-7 pm. Anyone is welcome to walk through and see Santa. Stanton Community and High School musicians will provide music. Hot chocolate and cookies will be served.

Santa's helpers will be waiting to talk on the telephone (712) 829-2687 to the children on Wednesday, December 18<sup>th</sup> and Thursday, December 19<sup>th</sup> from 5:30 – 7:30 pm. Be sure to tell Santa each child's name. Give this information clearly in order that Santa will not forget anyone! Drive Thru Christmas

#### Stanton's Annual Holiday Light Contest

Open to all Stanton residents! Judging will be held on Wednesday, December 11th. Winners will be announced at Santa Lucia on Satuday, December 14th. Categories that will be judged are: Most Classic, Clark Griswold Award, and Best Small Display.

## **Drive Thru Christmas**

On Saturday, December 14th (after Santa Lucia), come check out the Christmas trees, lights and more at the OLY in Stanton! Donations to the local food pantry are requested but not required to drive through. (Other dates listed in Community events.)

## ANNUAL NOTICE OF NONDISCRIMINATION

The Stanton Community School District offers career and technical programs in the following areas of study:

Business Education

Agriculture Education

Industrial Education

Family and Community Services Education

It is the policy of the Stanton Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact Mrs. Ashley McDonald, 605 Elliott St., Stanton, lowa 51573 amcdonald@stantonschools.com(712) 829-2162.

NOTE: A school district may have a different coordinator for each law or consolidate the responsibilities under one employee. The lowa Department of Education encourages districts to have no more than two (2) coordinators: one for employment and one for programs. If the district has more than one coordinator, publications of this policy and notifications must include the name, contact address, contact phone number and email address for each coordinator.